



**St Mary Help of Christians  
Catholic Church  
Old Coulsdon**

## **THE SACRAMENT OF CONFIRMATION**

### **For Adults over 18**

Adults who are looking to learn more about the Catholic Church or who may desire to join the Church should in the first-place contact Fr Gerard. Anyone who seriously desires to become a Catholic will be prepared with appropriate instructions for a period of time before receiving the Sacraments of Confirmation and Holy Communion. This would normally take place at Easter, although it may be at another time of the year.

For Catholics who are not yet confirmed, but who are looking to receive the Sacrament of Confirmation, similar instructions are available. Please contact Fr Gerard. The Sacrament of Confirmation is usually required of a catholic who wishes to celebrate the Sacrament of Matrimony the Church.

### **The Sacrament of Confirmation for Young People**

The Sacrament of Confirmation is celebrated and conferred in this parish every two years, in the odd years. The lowest age for receiving this Sacrament in this Diocese is 12 years. Notice for preparations for the sacrament will be given in the newsletter in the autumn before the bishop comes and applications forms will be available in the porch.